

Government of West Bengal  
Department of Health & Family Welfare (PHP Branch)  
Swasthya Bhawan, GN-29, Sector-V  
Bidhannagar, Kolkata-700 091

**No. 371-HFW-18099/101/2022-PHPSEC**

**Dated : 28.11.2022**

From : Joint Secretary  
Health & Family Welfare Department.

- To : 1. The Commissioner, Backward Classes Welfare Department.  
2. The Commissioner, Sarba Siksha Abhijan  
3. The Director of Public Instruction.  
4. The Director of Madrasah Education.  
5. The Director of Industrial Training.  
6. The Director of Technical Education & Training  
7. The Director of Vocational Education & Training  
8. The Principal of all Medical Colleges.

**Sub: Implementation of Tele Mental Health Programme throughout the State of West Bengal.**

Sir/Madam,

I am directed to inform that Hon' ble Chief Minister, Government of West Bengal has kindly inaugurated Tele Mental Health Programme on 14.11.2022.

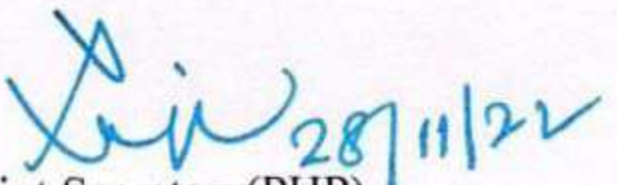
Tele Mental Health Programme has been launched with an objective to provide free mental health-care services to those who are in need on 24\*7 basis. This programme will provide psychological counselling as well as psychological consultancy over tele phone.

Toll free helpline numbers are as follows :

1. 18008914416
2. 14416

I am, also, directed to request you to kindly give wide publicity of the Tele Mental Health Programme at the schools, colleges, universities etc.

Yours faithfully,

  
Joint Secretary(PHP)

Health & Family Welfare Department